



# THE ROAD BACK

## DISCUSSION QUESTIONS FOR POST-FILM DIALOGUE

We believe students who view *The Road Back* will greatly benefit from a post-film dialogue. With the help of educators and mental health professionals, and with feedback from teens, we have developed the following questions to stimulate conversation.

1. What role does Allie's blog play in her life?
2. How does Allie feel about her mother and her mother's inability to understand her?
3. How does Allie feel about her friends? What are her expectations of what friendship should be?
4. How does teenage drama affect friendships?
5. How does Christian feel about his sister being in the military?
6. Why don't parents see issues that their children may be having?
7. What are some of the reasons parents may not see the issues?
8. At what point does Allie have confidence in the guidance counselor?
9. Why does Christian feel so much anxiety in the auditorium?
10. Why doesn't Allie's mom notice Allie's behavior?
11. Why did Christian feel the need to drop his upper level classes?
12. Why didn't the coach make more of an effort to find out what was going on with Allie?
13. How do you think Allie feels about graduating?
14. What was Christian thinking and feeling when he was in the bathroom?
15. What types of pressures does Allie feel regarding her friends?
16. What commonalities do Allie and Christian have with regard to their difficulties?
17. How did Christian's stopping to check on Allie impact both of their situations?
18. Do you think Christian and Allie will continue their friendship, and if so, do you think they will be able to help each other through their struggles. How?
20. How important is it to have someone you trust that you can really talk to about your life?
21. Do you think getting professional help is necessary in some cases? If so, why?

Please be aware that some students may be affected by the film, so have your school's counselor available, and let students know there are resources available to them, like: **Maine Statewide Crisis Hotline:** 1-888-568-1112, 2-1-1 or even **The Acadia Hospital:** 1-800-640-1211. If you are outside of Maine, your state should have a youth crisis hotline similar to Maine's.

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